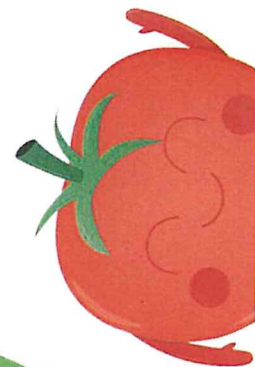




Lunch & Dessert Menu WEEK 4



Monday

Lunch

Moroccan apricot chicken
or
Moroccan apricot chickpea
Both sw/ seasoned couscous

Dessert

Orange jelly

Tuesday

Lunch

Smooth tomato & basil
conchiglie pomodoro

Dessert

Natural yoghurt w/ peach coulis

Wednesday

Lunch

Creamy chicken & leek pie
or
Creamy vegetable pie
Both sw/ baby potato and flaky puff pastry

Dessert

Chocolate delight

Thursday

Lunch

Classic lamb chilli con carne
or
Vegan 3-bean chilli
Both sw/ steamed rice

Dessert

Selection of individual ice creams

Friday

Lunch

MSC cod fishcake
or
Seasoned vegetable nuggets
Both sw/ potato, sweetcorn and tomato salsa

Dessert

Strawberry swirl sponge cake

